

Santa Ynez Valley Charter School

Physical Education

Denicia Gills

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Course Description:

The curriculum is designed to encourage vigorous activity, foster cooperation and creativity, emphasize safety, and stimulate desirable social development. The focus of the class is on skill development and lifelong wellness. This is achieved through differentiated instruction at each level, teaching skills through games, providing opportunities for individual and group success, tracking progress with benchmarks and sharing knowledge about overall wellness.

Educational Goals and Objectives:

My vision is to integrate an overall umbrella of wellness; teaching students how to set goals and reach them, understand the relationship between the foods they consume and how it fuels their bodies, and recognizing that they are all stronger than they think they are. SYVCS students will develop strong character, build confidence, challenge themselves, and become advocates to family and friends on promoting the value of a healthy lifestyle.

Grading Criteria	Implementation
ACTIVE Daily Participation 65%	10 points are awarded daily based on the following: Dressing out, being on time, showing up daily with a positive attitude, active participation, displaying good sportsmanship, and following directions. Students are expected to participate with maximum effort to the best of their ability. If a student is participating with outstanding effort on a consistent basis he/she can earn extra points. Loss of credit would include lack of effort during warm up, lesson focus and lesson activity.
Tests, Quizzes, Projects 15%	Students will be assessed on their cognitive knowledge through the use of tests/quizzes, presentations, research, etc. Additionally, students will also be evaluated on their skill application and strategy.
Overall Improvement 10%	Students are assessed on overall physical and cognitive improvement. They will be evaluated and tested on their personal best performance and not measured against their peers. No points will be deducted unless students are not improving due to lack of effort or poor attitude.
Sportfolio 10%	A Sportfolio will contain handouts, notes and classwork.

Student Responsibilities:

1. ****Dress out. You are expected to dress out EVERYDAY we have PE. Appropriate clothing includes sweats, shorts, tee shirts, and tennis shoes. All clothing MUST BE IN DRESS CODE!!! NO dress shoes, flip flops, or boots will be permitted because of safety concerns. If there are safety concerns you will NOT participate for the day and will instead do an alternate assignment.
2. Five minutes at the beginning of class and five minutes at the end of class will be given to change.
3. Be on time
4. Practice good hygiene

- 5. Use good sportsmanship
- 6. Participate

Homework Policy:

HW assignments will consist of reflection assignments, note taking, analysis, responses, recording data, etc... Any assignment turned in after due date will receive reduced credit. Assignments will have either a rubric score or a point value.

•ALL homework must be SAVED in the SportFolio after it is handed back.

I will contact parents/guardians to share good news concerning their student's educational growth or to discuss behaviors or work habits that might cause the student difficulty in class. Students are to meet, outside of class time with me to discuss questions or concerns related to class. If this contact does not resolve the issue, students are to request a conference with me and his/her guardian. Parents are encouraged to communicate with me through e-mail dgills@syvcs.org

Please sign and return to Coach Gills. This is your student's 1st assignment of the trimester.

We have read and understand what is expected in Physical Education class and agree to follow these guidelines.

Student Name:
Signature:

Parent Signature:

If your student has any medical concerns I need to be aware of such as asthma or drug allergies (in case of an emergency) please explain.

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